

Method:

- Cook the meat in sunflower oil, add chopped carrots, onions, salt and pepper;
- Let it cook until vegetable are nearly ready;
- Add washed rice, salt and pour boiling water;
- Water level should be about 2 cm over rice;
- Cook on high heat until at the minimum heat, cover with lid and let it steam until the water is evaporated and the rice is cooked.

Enjoy!